

~~131~~ wherein said body, first and second sides, first and second edges, first end, and said at least one abrading surface are formed of a single, integral stratum, said integral stratum comprising glass.

~~502~~
~~132~~ 1. A method for making a file, comprising the steps of:

~~132~~ roughening a glass body so as to produce at least one abrading surface, said roughening

~~132~~ comprising at least one operation selected from the group consisting of acid-etching and sanding.
